



The objective of the Seacare Authority's Mental Health Strategy (Strategy) is that the Seacare Authority is recognised as a trusted body for the availability and promotion of mental health information in the maritime sector.

The Strategy is based on three key principles:



2019–20



Strategic Principle 1 — Inform

Goal: To provide a central source of information on mental health issues, resources, approaches and processes relevant to all stakeholders.

Action: Development and promotion of an online mental health resource centre.

Measure of success: Active use of and feedback on the online resource centre.



Strategic Principle 2 — Engage

Goal: To collate and promote relevant opportunities for stakeholder information, engagement and collaboration.

Action: Collation and promotion of relevant mental health events and opportunities.

Measure of success: Stakeholders reaching out to the Seacare Authority to provide information on activities that they are undertaking.



Strategic Principle 3 — Lead

Goal: To take a leadership role in the development of an industry specific strategy for continuous improvement in mental health support and advancement.

Action: Collaborate with networks, stakeholders and industry bodies to develop an industry strategy to improve mental health outcomes through mental health support and advancement activities and initiatives.

Measure of success: Development of a strategy for industry by industry.

2026–27

Implementation and Evaluation

The Seacare Authority's Mental Health Working Group is responsible for implementing and evaluating this Mental Health Strategy.

The working group will meet as required to evaluate and discuss progress against the Strategy, with key outcomes provided to the Seacare Authority.

The Strategy will be reviewed on an annual basis.